# Mardi Himal Trek

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## Trip Summary

**Package:** Mardi Himal Trek

**Total Days:** 11 days

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DAY 1

### Arrival in Kathmandu (1,300m/4,264ft)

A Taleju Adventure representative will be there to pick you up from the Tribhuwan International Airport in Kathmandu. We take a short drive from the airport to our Taleju Boutique Hotel or any hotel of your choice (3-star). After a short rest, you can visit Taleju Adventure's office to discuss more about the trek. Alternatively, you can have a discussion at your hotel. Overnight in Kathmandu.

DAY 2

### Trek Preparation & Kathmandu Valley sightseeing.

After short introduction with our tour guide, you will be having a tour to Kathmandu UNESCO world heritage sites with our tour guide. First visit would be to Pashupatinath Temple (Nepal's biggest Hindu temple). It is also a place for dead body cremation for Hindu community. Then we drive to Bouddhanath Stupa, one of the most revered and biggest Stupa of Nepal. It was damaged by 2015 earthquake but now completely repaired.

Then after we drive to Swyambhunath Stupa, popularly known as "monkey temple". This stupa is on the small hill where you can see the entire Kathmandu valley. Last visit would be to Patan Durbar Square, an "Ancient Royal Palace". Inside the square you can see different Hindu temples, among which Krishna Temple is very popular. Besides, you can study the Newari architecture, arts and culture. Overnight in Kathmandu.

DAY 3

### Drive to Pokhara (827m/2,700ft): 6-7 hours

After breakfast, we drive to Pokhara -210 Km/5-6 hrs. While on the way, you can enjoy the beautiful terrace farms, raging Trisuli River and little shops by the side of road. You will also have an option to visit Manakamana Temple (Hindu goddess of willing). It is a temple with one of the manifestations of Hindu Goddess Bhagwati. Bhagwati is believed to have the power to fulfill your wish. You have to take cable car to reach the temple and it is 2.8 Km long and takes 12min to reach. After return, we will continue our travel to Pokhara. Overnight in Pokhara.

DAY 4

### Drive to Phedi and trek to Deurali (2100m/6,720ft): 1 hour drive, 4-5 hours trek

After an early morning breakfast at hotel, our adventure will start with a drive to Kande and start our trekking. We walk on stone steps and forests before reaching Australian Camp where we will have lunch. We continue our walk to Deurali, a small village beautifully located on a ridge with good views of the Annapurna South, Mardi Himal and Machhapuchhre. Overnight in Deurali.

DAY 5

### Deurali to Forest Camp (2,520m/8064ft): 6-7 hours

As we continue our trek, our trail passes through green forest sprinkled with the red rhododendrons. It is our national flower and a common sight in Nepalese hills. Our trail is very quiet until we reach a clearing of the forest camp. We can take a rest and explore the area which is also locally known as Kokar. Overnight in Forest Camp.

DAY 6

### Forest Camp to Low Camp (2970m/9504ft): 5-6 hours

We continue to walk through dense forests admiring Nepal's rich biodiversity and reach the Low Camp. From here, you can have a fantastic view of Mt. Machapuchhre (Mt. Fishtail). We can spend some time in the evening observing the local lifestyle. Overnight in Low Camp.

DAY 7

### Low Camp to High Camp (3540m/11,328ft): 3-4 hours

We trek uphill alongside a ridge towards Mardi Himal and Machhapuchhre. The tree lines start getting thinner and the area is mostly consists of shrubs with isolated rhododendron bushes along the trail. If lucky, we might even come across the Daphne pheasant (national bird of Nepal) on our way to High Camp. Upon reaching High Camp, you can have stunning view of the mountains. Overnight in High Camp.

DAY 8

### High Camp to Mardi Himal Base Camp (4500m/14770ft), return back to High Camp: 2-3 hours

In the wee hours, you will leave for Mardi Himal Base Camp which is at the height of 4500m. Along the way, you will have a mesmerizing sunrise view. As you approach the base camp, the terrain turns rocky and steep. The Himalayan vista from here is astonishing. You can see Mardi Himal (5587m), Annapurna I (8091m), Annapurna south (7219m), Hiunchuli (6441m), Baraha Shikhar (Mt. Fang) (7647m), Tent Peak (5695m), Singhachuli (6501m), Machapuchhre (6993m) and others. We trek back to the High Camp for an overnight stay.

DAY 9

### High camp to Sidhing Village (1700m/5440ft): 6-7 hours

We will return back to Low Camp followed by a new route to Sidhing. It is a complete downhill and different route, letting us experience something different and makes our trek more exciting. Siddhing offers a quiet stay for trekkers as it is tucked away from the busier trails. Overnight in Sidhing.

DAY 10

### Trek to Lumre, drive to Pokhara and fly to Kathmandu: 2-3 hours trek, 2 hours drive and 25 minutes flight

After an early breakfast, we walk towards Lumre finally reaching the road from where we begin our drive to Pokhara. After reaching the city, we continue our drive to its domestic airport and fly back to Kathmandu and to your hotel. You may take a rest and freshen up. In the evening, there will be a farewell dinner to celebrate the successful completion of your Mardi Himal Trek. Overnight in Kathmandu.

DAY 11

### Final departure

Our adventure in Nepal comes to an end today! A Taleju Adventure representative will escort you to the airport approximately 3 hours before your scheduled flight. On your way home, you have plenty of time to plan your next adventure in the wonderful country of Nepal.